

**At St Bernadette's R.C. Primary School  
we promote  
the Gospel Values & Catholic Virtues**

All schools in the Catholic Archdiocese of Birmingham are adopting an approach similar to the Jesuit pupil profile.

In the profile there are eight sets of words which have been paired together because of their complimentary and harmonising relationship to one another.

Each half term, we are focusing on a pair of words and thinking about how we can grow more like Jesus in our daily lives.

**“Do not wait for leaders;  
do it alone,  
person to person.”**

loving  
hopeful  
attentive  
faith-filled  
generous  
eloquent  
intentional  
learned  
prophetic  
wise  
grateful  
discerning  
compassionate  
truthful  
active



“Love is what we are born with.  
Fear is what we learn.

The Spiritual Journey is  
the unlearning of fear and prejudices and  
the acceptance of love back in our hearts.

Love is the essential reality  
and our purpose on Earth.  
To be consciously aware of it,  
to experience love in ourselves and others,  
is the meaning of life.

Meaning does not lie in things.  
Meaning lies in us.”

Marianne Williamson



# Generous & Grateful

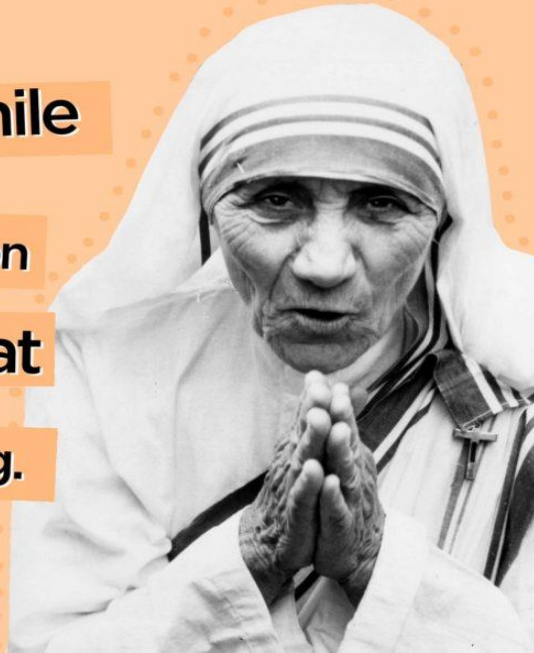
- Generous with my gifts, becoming a man or woman serving others.
- Grateful for my gifts, for the gift of other people and for the blessings of each day.
  
- Children in our school are growing to be: Grateful for their own gifts, for the gift of other people, and for the blessings of each day; and generous with their gifts, now and in the future.
- Encouraging them to know and be grateful for all their gifts, developing them to the full so that they can be generous in the service of others and a role model to others.



# Attentive & Discerning

- **Attentive to my experiences and to my vocation.**
- **Discerning in my choices, so that I follow in His Footsteps and my calling.**
- *Once we develop the habit of being attentive, we can begin to discern what is good for us and what is not; and what God calls us to be, and to do.*

“  
**Every time you smile**  
at someone, it is an action  
**of love, a gift to that**  
person, a beautiful thing.  
”



I am a  
little pencil  
in the hand  
of a writing  
God who is  
sending a  
love letter to  
the world.

## Mother Theresa – Attentive & Discerning



- Mother Teresa was the founder of the Order of the Missionaries of Charity, a Roman Catholic congregation of women dedicated to helping the poor. She is an icon of compassionate care for the poor and disadvantaged.

# Loving & Compassionate

- Loving by my just actions and forgiving words:
- Compassionate towards others, near and far, especially the less fortunate.
- What did Jesus say was the most important of the Ten Commandments?
- What did Jesus do or say to show God Our Father was Compassionate and Loving?
- How can I show Compassion and Love?

Let all that you do  
be done in love.

1 Corinthians 16:14



BEING  
KIND, LOVING,  
COMPASSIONATE, AND  
DECENT HUMAN BEINGS,  
SHOULD NOT DEPEND  
ON OUR MOOD.  
WE MUST BE THAT  
EVERY SINGLE DAY.

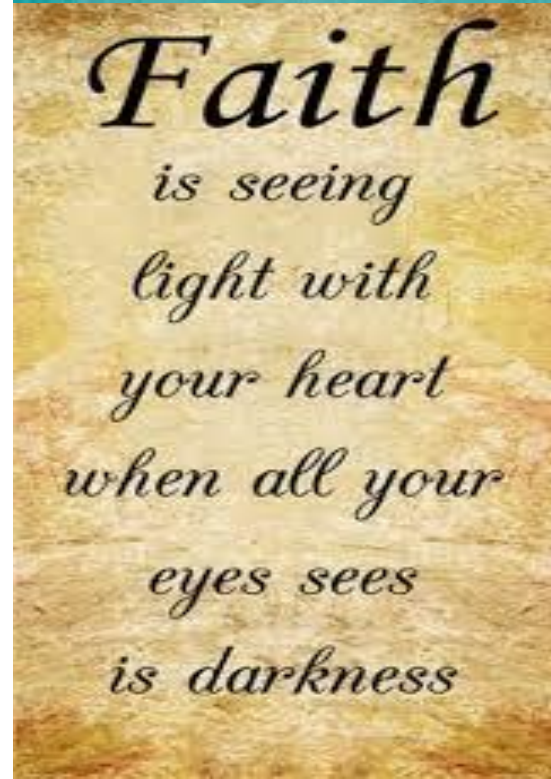
“Be kind and  
compassionate  
to one another...”

—Ephesians 4:32



# Faith-filled and Hopeful

- **Faith-filled in my beliefs.**
- **Hopeful for the future.**
  
- **Peter 1:21**  
“Through Him you believe in God,  
who raised Him from the dead  
and glorified Him,  
and so your hope and faith are in God.”
  
- **John 14:27**  
“Do not let your hearts be troubled and do not be afraid.”



# Eloquent and Truthful

- **Eloquent** – use the right words, say it well.
- **Truthful** in what I say of myself, others, the relations between people and the world.

- **Proverbs 3:5-6**

Trust in the Lord with all your heart, and do not rely on your own insight.

In all your ways acknowledge him, and he will make straight your paths.

- **Luke 13:18-19**

He said therefore,

“What is the kingdom of God like? And to what should I compare it?

It is like a mustard seed that someone took and sowed in the garden;

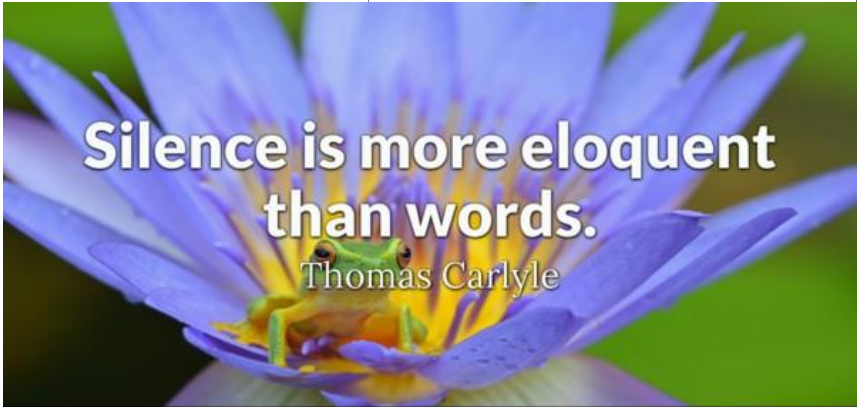
it grew and became a tree,

and the birds of the air made nests in its branches.”

*If the words you spoke  
appeared on your skin,  
would you still be  
beautiful?*

**WEAK PEOPLE  
REVENGE.  
STRONG PEOPLE  
FORGIVE.  
INTELLIGENT PEOPLE  
IGNORE.**

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**Silence is more eloquent  
than words.**

Thomas Carlyle

*At that time Jesus said, "I praise you, Father, Lord of heaven and earth, because you have hidden these things from the wise and learned, and revealed them to little children."*

**“ A wise person knows that there is something to be learned from everyone.”**

## Learned & Wise

- **Learned, finding God in all things.**
- **Wise in the ways I use my learning for the common good.**
- By the breadth and depth of the curriculum; by excellence of teaching, and the creation of opportunities to become more learned and wise.



THE FUTURE BELONGS TO  
**THE CURIOUS.**  
THE ONES WHO ARE  
NOT AFRAID TO TRY IT,  
**EXPLORE IT,**  
**POKE AT IT,**  
**QUESTION IT**  
AND **TURN IT INSIDE OUT.**

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## Curious & Active

- **Curious about everything.**
- **Active in my engagement with the world, changing what I can for the better.**
- Be curious - Ask questions - Look for God in all things.
- Be active in the life of the School, the Church and the Wider Community.

*CURIOUSITY*

WILL ENSURE THAT YOU CONSTANTLY  
ARE USING YOUR MIND – KEEPING  
IT ACTIVE AND KEEPING IT STRONG.



# Intentional & Prophetic

- **Intentional in the way I live and use the resources of the earth, guided by morality.**
- **Prophetic in the example I set to others.**
- Being intentional in the way of advancing and building a better quality of life; and which is prophetic in the way it offers a “Christ Centered Vision of Education” and of our lives rooted in the Gospel. Activity can easily become the distraction of being busy. Using wisdom and discernment, we can live our lives more intentionally – getting the balance right; living in the present moment rather than in the unchangeable past or an unknown future.
- Living in this way is to be prophetic – announcing the new perspective of the Gospel on what it means to be human. Jesus is an example of someone who lived His life intentionally and prophetically.



**STRONG**  
**INDEPENDENT**  
**MOTIVATED** HARD WORKING  
RELIABLE **LOYAL**  
DETERMINED  
**SELFLESS** DEDICATED  
LOVING  
**COMPASSIONATE**

**I am a Child of God**

*I will love you like God, because of God,  
mighted by the power of God.*

*I will stop expecting your love,  
demanding your love,  
trading for your love,  
gaming for your love.*

*I will simply love.*

*I am giving myself to you,  
and tomorrow I will do it again.*

*God risked Himself on me.*

*I will risk myself on you.*

*And together,  
we will learn to love...*

Curious

Wise

Eloquent

Grateful

Faith-filled

Intentional

Attentive

Compassionate

Prophetic

Generous



Let us thank all those who teach in Catholic schools. Educating is an act of love; it is like giving life.

Pope Francis



Discerning

Learned

Hopeful

Loving

Truthful

Active